

# LIVING FRATERNITY

**Theme: No one can save one's self alone!**

At the beginning of the New Year, in January 2023, we offer excerpts from Pope Francis' message on the 56<sup>th</sup> World Day of Peace. We are proposing them as a reflection in these times when our world is quite far from universal peace.

**Recall:** Our monthly meeting should favour *an encounter with Christ*. A spirit of prayer will ensure a meeting that will promote a good experience for all the members.

## JANUARY 2023 MONTHLY MEETING

### Opening of the meeting

The members can offer suggestions for a song. After the chosen song, the prayer according to the Ritual or one chosen by the fraternity starts the meeting.

### Combatting Covid-19 together, embarking together on paths of peace

“Now concerning the times and the seasons, brothers and sisters, you do not need to have anything written to you. For you yourselves know very well that the day of the Lord will come like a thief in the night” (First Letter of Saint Paul to the Thessalonians, 5:1-2).

### The Apostle Paul and his message

With these words, the Apostle Paul encouraged the Thessalonian community to remain steadfast, their hearts and feet firmly planted and their gaze fixed on the world around them and the events of history, even as they awaited the Lord's return. When tragic events seem to overwhelm our lives, and we feel plunged into a dark and difficult maelstrom of injustice and suffering, we are likewise called to keep our hearts open to hope and to trust in God, who makes himself present, accompanies us with tenderness, sustains us in our weariness and, above all, guides our path.

For this reason, Saint Paul constantly exhorts the community to be vigilant, seeking goodness, justice and truth: “So then, let us not fall asleep as others do, but let us keep awake and be sober” (5:6). His words are an invitation to remain alert and not to withdraw into fear, sorrow or resignation, or to yield to distraction or discouragement. Instead, we should be like sentinels keeping watch and ready to glimpse the first light of dawn, even at the darkest hour.

## **The Effects of Covid-19**

Covid-19 plunged us into a dark night. It destabilized our daily lives, upset our plans and routines, and disrupted the apparent tranquility of even the most affluent societies. It generated disorientation and suffering and caused the death of great numbers of our brothers and sisters

Amid a whirlwind of unexpected challenges and facing a situation confusing even from a scientific standpoint, the world's healthcare workers mobilized to relieve immense suffering and to seek possible remedies. At the same time, political authorities had to take measures to organize and manage efforts to respond to the emergency.

... Nor can we overlook the fractures in our social and economic order that the pandemic exposed, and the contradictions and inequalities that it brought to the fore. It threatened the job security of many individuals and aggravated the ever-increasing problem of loneliness in our societies, particularly on the part of the poor and those in need. We need but think of the millions of informal workers in many parts of the world left without a job and without any support during the time of the lockdown.

## **Now is the right timer to question ourselves**

Three years later, the time is right to question, learn, grow and allow ourselves to be transformed as individuals and as communities; this is a privileged moment to prepare for “the day of the Lord”. I have already observed on a number of occasions that we never emerge the same from times of crisis: we emerge either better or worse.

Today we are being asked: What did we learn from the pandemic? What new paths should we follow to cast off the shackles of our old habits, to be better prepared, to dare new things? What signs of life and hope can we see, to help us move forward and try to make our world a better place?

## **Reflection and Sharing**

Take time to answer the questions presented in the previous paragraph.

Certainly, after directly experiencing the fragility of our own lives and the world around us, we can say that the greatest lesson we learned from Covid-19 was the realization that we all need one another. That our greatest and yet most fragile treasure is our shared humanity as brothers and sisters, children of God. And that none of us can be saved alone. Consequently, we urgently need to join together in seeking and promoting the universal values that can guide the growth of this human fraternity.

We also learned that the trust we put in progress, technology and the effects of globalization was not only excessive, but turned into an individualistic and idolatrous intoxication, compromising the very promise of justice, harmony and peace that we so ardently sought. In our fast-paced world, the widespread problems of inequality, injustice, poverty and marginalization continue to fuel unrest and conflict, and generate violence and even wars.

## **Positives discoveries**

The pandemic brought all this to the fore, yet it also had its positive effects. These include a chastened return to humility, a rethinking of certain consumeristic excesses, and a renewed sense of solidarity that has made us more sensitive to the suffering of others and more responsive to their needs. We can also think of the efforts, which in some cases proved truly heroic, made by all those people who worked tirelessly to help everyone emerge from the crisis and its turmoil as best they could.

This experience has made us all the more aware of the need for everyone, including peoples and nations, to restore the word “together” to a central place. For it is together, in fraternity and solidarity, that we build peace, ensure justice and emerge from the greatest disasters. Indeed, the most effective responses to the pandemic came from social groups, public and private institutions, and international organizations that put aside their particular interests and joined forces to meet the challenges. Only the peace that comes from a fraternal and disinterested love can help us overcome personal, societal and global crises.

## **A New Disaster**

Even so, at the very moment when we dared to hope that the darkest hours of the Covid-19 pandemic were over, a terrible new disaster befell humanity. We witnessed the onslaught of another scourge: another war, to some extent like that of Covid-19, but driven by culpable human decisions. The war in Ukraine is reaping innocent victims and spreading insecurity, not only among those directly affected, but in a widespread and indiscriminate way for everyone, also for those who, even thousands of kilometres away, suffer its collateral effects – we need but think of grain shortages and fuel prices.

... This war, together with all the other conflicts around the globe, represents a setback for the whole of humanity and not merely for the parties directly involved. While a vaccine has been found for Covid-19, suitable solutions have not yet been found for the war. Certainly, the virus of war is more difficult to overcome than the viruses that compromise our bodies, because it comes, not from outside of us, but from within the human heart corrupted by sin (cf. Gospel of Mark 7:17-23).

... We can no longer think exclusively of carving out space for our personal or national interests; instead, we must think in terms of the common good, recognizing that we belong to a greater community, and opening our minds and hearts to universal human fraternity.

We cannot continue to focus simply on preserving ourselves; rather, the time has come for all of us to endeavour to heal our society and our planet, to lay the foundations for a more just and peaceful world, and to commit ourselves seriously to pursuing a good that is truly common.

In order to do this, and to live better lives after the Covid-19 emergency, we cannot ignore one fundamental fact, namely that the many moral, social, political and economic crises we are experiencing are all interconnected, and what we see as isolated problems are actually causes and

effects of one another. Consequently, we are called to confront the challenges of our world in a spirit of responsibility and compassion. We must revisit the issue of ensuring public health for all. We must promote actions that enhance peace and put an end to the conflicts and wars that continue to spawn poverty and death.

We urgently need to join in caring for our common home and in implementing clear and effective measures to combat climate change. We need to battle the virus of inequality and to ensure food and dignified labour for all, supporting those who lack even a minimum wage and find themselves in great difficulty. The scandal of entire peoples starving remains an open wound.

We also need to develop suitable policies for welcoming and integrating migrants and those whom our societies discard. Only by responding generously to these situations, with an altruism inspired by God's infinite and merciful love, will we be able to build a new world and contribute to the extension of his kingdom, which is a kingdom of love, justice and peace.

### **Reflection and Sharing**

Take time to share your thoughts on the content of the preceding paragraphs.

### **A Message from Pope Francis**

In sharing these reflections, it is my hope that in the coming New Year we can journey together, valuing the lessons that history has to teach us. I offer my best wishes to Heads of State and Government, to Heads of International Organizations, and to the leaders of the different religions. To all men and women of good will I express my prayerful trust that, as artisans of peace, they may work, day by day, to make this a good year! May Mary Immaculate, Mother of Jesus and Queen of Peace, intercede for us and for the whole world.

### **Biblical Reflection:**

Take a moment to read the First Letter of Saint Paul to the Thessalonians, (5:1-2) or the Gospel according to Saint Mark (7, 17:23) in order to see the links with Pope Francis' message.

### **Life- Objective**

In this New Year, let us pay special attention to the message from Pope Francis who invites us to walk together ...

### **Events and Information from the Church and the Order**

Remind the members of regional and local activities.

**End of the meeting:** (song or prayer chosen by the fraternity)

***Peace, Joy, Health in 2023!***

